



# Snapshot

## Taster sessions

### for parents



Left to their own devices

Tuesday 23<sup>rd</sup> November @ 5pm

*Helpful tips on the digital world*

**Zoom details:**

Meeting ID 945 4538 6823

Password: 64463213

Emotional Health & Wellbeing in children & young people

Tuesday 30<sup>th</sup> November @ 5pm

**Zoom details:**

Meeting ID 945 4538 6823

Password: 64463213



Drug proof your kids

Tuesday 7<sup>th</sup> December @ 5pm

**Zoom details:**

Meeting ID 945 4538 6823

Password: 64463213

Challenging Behaviour

Tuesday 14<sup>th</sup> December @ 5pm

**Zoom details:**

Meeting ID 945 4538 6823

Password: 64463213

For more information about these taster sessions, please contact:  
Karen Thomas (07765253192) or Debra Kennedy (07585101081)

Acknowledgements



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cefnogipobl  
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