Ysgol Maes Y Mynydd Pentredwr Rhosllanerchrugog Wrecsam LL14 1DD Rhif Ffon: 01978 832970



Maes Y Mynydd School Pentredwr Rhosllanerchrugog Wrexham LL14 1DD Tel No: 01978 832970

Challenge, Inspire and Achieve together
http://www.maesymynydd.cymru
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17th September 2021

Dear Parent / Guardian,

Our school has adopted a Smokefree policy. This policy prohibits smoking in any part of the premises, entrances or grounds. Our policy is available on the school website http://www.maesymynydd.cymru

The policy provides a strong message to students, parents, and staff that is consistent with our education programmes and with the fact that smoking remains the largest preventable cause of death and illness in Wales.

Exposure to second-hand smoke increases the risk of lung cancer, heart disease and other illnesses. Exposure to role models who smoke also normalises smoking behaviour, which can have a significant negative impact on the smokefree message

Three quarters of smokers start before the age of 18, and almost 40% start smoking regularly before the age of 16. The earlier children become regular smokers, the greater their risk of developing life-threatening conditions, such as lung cancer or heart disease if they continue smoking into adulthood.

A smokefree school provides positive health promotion, contributing to the development of children and young people for life after school.

We are committed to improving the health of all our staff and students, as well as that of other members of our community. We also recognise the important role that teachers, parents and other adults have in influencing the attitudes and smoking behaviour of children and young people.

We seek your support in maintaining Ysgol Maes Y Mynydd as a smokefree community.

If you or another family member would like support to stop smoking, please contact Help Me Quit, who offer a free and effective service in Wales. For more information visit helpmequit.wales or phone 0800 085 2219.

Yours sincerely

Mr P Dickson Headteacher