Date: 20/07/2021

Dear Parent/carer,

Re: Information regarding a confirmed cases of coronavirus in Dosbarth Palm, Dosbarth Cherry and Girls only in Dosbarth Ash

NHS Wales Test, Trace, Protect has been informed of a confirmed case of COVID-19 (Coronavirus) in **Dosbarth Palm, Dosbarth Cherry and Girls only in Dosbarth Ash.**

If your child is still well at the end of self-isolation, and no other household member is symptomatic, they can return to their usual activities on **Saturday 24th July** unless you are informed otherwise.

Ysgol Maes Y Mynydd is working closely with Public Health Wales, the Local Authority and NHS Wales Test, Trace and Protect to ensure that all the appropriate measures are in place to protect students, staff and the wider community. Contact tracing is underway and if anyone is identified as **a contact of a confirmed case of COVID-19,** a contact advisor from Test, Trace and protect will be in touch.

However, as a precaution, please be alert for any symptoms of COVID-19:
- A new or continuous cough
- A high temperature
- A loss of or change to sense of smell or taste

If you develop any of these symptoms, even if they are mild:
- Book a test by phoning 119 or through the online portal: https://www.nhs.uk/ask-for-a-coronavirus-test
- Inform **Ysgol Maes Y Mynydd** that you are unwell with COVID-19 symptoms and that you have requested a test
- You should self-isolate for 10 days from when your symptoms started
- All other household members should isolate for 14 days from when you developed symptoms
- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999
- Please follow the advice provided when you receive your test result
- To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often – do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home
- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
- putting used tissues in the bin immediately and wash hands afterwards

Further information on symptoms and self-isolation can be found here
https://gov.wales/symptoms-and-self-isolation-contact-tracing
Further formation on Test, Trace, Protect can be found here
https://gov.wales/test-trace-protect-coronavirus
For general information on COVID-19 https://gov.wales/protect-yourself-others-coronavirus
The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do https://gov.wales/check-if-you-need-coronavirus-medical-help

With best wishes,

Issued under the instruction of: **Test Trace and Protect regional hub**

On behalf of Public Health Wales Health Protection Team