

Thursday 3rd December 2020

Dear Parent/ Carers,

Re: Contact of confirmed case of COVID-19 at Ysgol Maes Y Mynydd in the following groups:

Dosbarth Silver Birch

Dosbarth Rowan

Boys only in Dosbarth Pine

Boys only in Dosbarth Elm

Boys only in Dosbarth Maple

Boys only in Dosbarth Oak

Boys only in Playgroup plus

NHS Wales Test, Trace, Protect trace everyone who has been in contact with a person who has tested positive for COVID-19 (Coronavirus). Please note that this letter confirms that your child's details have been registered with NHS Wales Test, Trace & Protect Team. The Test, Trace and Protect Team will not be making contact with you. You are therefore now required to follow the guidelines below.

You have been identified as **a contact of a confirmed case of COVID-19** and will now need to **self-isolate with immediate effect**. By identifying contacts and asking them to self-isolate, we will reduce the possible spread of COVID-19 from those contacts to their family, friends and the wider community.

Self-isolation advice **requires you to stay at home**, not to go outdoors to exercise, to visit shops, family or friends, or to other public spaces. Please do not invite people to your house. Further information on self-isolation can be found in the link at the bottom of this letter.

If you remain well then the other members of your household do not need to isolate and can continue with their normal activities. If you are still well at the end of the period of self-isolation, you can return to **Ysgol Maes Y Mynydd** and your usual activities on the **Wednesday 16th December** unless you are informed otherwise.

To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often – do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home
- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze

- putting used tissues in the bin immediately and washing hands afterwards

Please be **alert for symptoms of COVID-19**, which are:

- A new or continuous cough
- A high temperature
- A loss of or change to sense of smell or taste

If you develop any of these symptoms, even if they are mild:

- Inform the Test, Trace and Protect (TTP) team by emailing TTPServiceTeamA@wrexham.gov.uk and including your name, address, DOB. School and location.
- If advised by TTP, book a test by phoning 119 or through the online portal: <https://www.nhs.uk/ask-for-a-coronavirus-test>
- Inform **Ysgol Maes Y Mynydd** that you are unwell with COVID-19 symptoms and that you have requested a test
- Continue to self-isolate
- Whilst the test result is awaited, all household members should self-isolate for 14 days from when you developed symptoms
- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999
- If you require medical advice for COVID-19 symptoms or another reason, please inform the healthcare worker that you are a contact of a case of COVID-19 and in self-isolation
- Please follow the advice provided when you receive your test result

Further formation on Test, Trace, Protect can be found here <https://gov.wales/test-trace-protect-coronavirus>

Further information on symptoms and self-isolation can be found here <https://gov.wales/symptoms-and-self-isolation-contact-tracing>

For general information on COVID-19 <https://gov.wales/protect-yourself-others-coronavirus>

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do <https://gov.wales/check-if-you-need-coronavirus-medical-help>

With best wishes,
Mr Phil Dickson
Headteacher