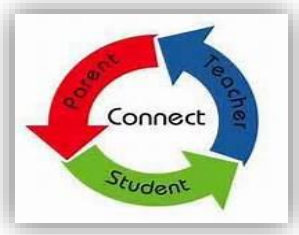
ALAN ROBERTS

ADHD Specialist

Coronavirus is scary to us all but with children who have ADHD it can be more difficult to manage. Normally they cannot cope with change and many suffer with anxiety problems. Lots of parents will also be struggling to keep them occupied and unable to cope.

I am offering an ADHD Advice Line to all parents, carers, professionals, and to young people with ADHD. Also on offer is advice for adults with ADHD and support regarding any transition difficulties from Primary to Secondary school.

The Advice Line is available Monday to Friday from 9am till 4pm to anyone who needs support and advice.

Telephone: 07717300311.

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