



# Newsletter



## Country Trust - Outdoor learning

To support our schools during the pandemic we have put together a guide for Learning Outside the classroom:

[Watch the Learning Outside video](#)

[Read the Learning Outside PDF](#)

The first of our 'pocketful of ideas' videos inspires teachers to take learning outside. This video gives some tips on how to get pupils to attend to the natural world and then talk about it

[Click here](#)

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## Internet Legends.....



## EXTRA parent livestreams from Monday

Google and Parent Zone are launching more **interactive parent livestreams** from **this Monday 29th June** and throughout the summer. Why not invite your families to join us?

We'll tell them all about Be Internet Legends, share tips for **making the most of tech at home** and give them opportunities to ask anything about online safety.

[Access parent livestreams](#)

## EXTRA workshop for teachers in Wales

It was great to chat with some of you in our **virtual workshop** yesterday – and hear all the great things you're already doing to support families' online safety!

By popular demand, we've added an **extra date** on **15th September**.

Exclusive to teachers in Wales, this expert-led workshop will walk you through the Be Internet Legends resources, **digital wellbeing**, **parental engagement** and more.

### [Book your teacher workshop](#)



## Bird themed walk



Government advice currently states that families are allowed out for exercise. This information sheet has been developed to inject some fun, playful activities into daily exercise and throughout the day.

#### Before you go...

- Can you spot all these birds on your walk?
- Can you collect sticks to create your own birds nest
- Take a camera with you to take a photo of the birds you have seen.

Seagull



House Sparrow



#### Keep a log of your Journey

How many people did you see?  
Did you know them?  
How many steps did you walk?  
What was the weather like?

Chaffinch



Black bird



#### When you're back ..

- Create your own bird house using old bottle or juice cartons?
- Leave food out for the birds in your garden
- Note down all the different birds that visit your garden over the week.

Starling



Blue Tit



Robin



Pigeon



There are over 400 different types of birds that live in North Wales.

#### Important

Adhere to social distancing guidelines during any daily exercise.  
Remain at least 2 metres away from other people at all times





## Looking Ahead



It's safe to say that nobody knew what to expect when lockdown was implemented back in March. Three months on and although some things are starting to return to the new 'normal'. It may take a while longer before we can start to enjoy our favourite past times once again. For some of us, it is the most time we have ever spent with our children. Combine that with not being able to go to places like the park, the beach, the zoo or soft play- it has presented some challenging times for all.

There have been days when the children have felt sad, or were missing their friends, and there have certainly been days that the grownups have felt much the same. It's important to recognise that this is okay and normal - don't be too hard on yourselves! Making time to play as a family can help relieve stress and tension. Why not make a list of things you want to do and places you want to visit when the restrictions are lifted?

We would love to hear about what you have been doing to pass the time during lockdown.

### Useful links

[www.playfulchildhoods.co.uk](http://www.playfulchildhoods.co.uk)

[www.nationaltust.org.uk](http://www.nationaltust.org.uk)

Young Wrexham Website

[www.youngwrexham.co.uk](http://www.youngwrexham.co.uk)

Play and Youth Support Team

Contact us

[play@wrexham.gov.uk](mailto:play@wrexham.gov.uk)

01978298361

Send your playful pics to [play@wrexham.gov.uk](mailto:play@wrexham.gov.uk) and we will share in the coming weeks.

### Play object of the week

#### The Pine cone

- Hedgehog craft
- A Bird feeder
- A 'grenade'
- Pirate treasure
- Alien eggs
- Bowling pins
- Decorations



What else can you think of?

### Playful Challenges - How many can you do in a week?

Silly	Pull funny faces—have a gurning competition
Physical	Hop on one leg— can you do 50? Who can do the most?
Entertaining	Change one word in a song and sing it. Who can come up with the funniest version?
Practical	Build with mud and stones—use your imagination
Key Skills	Build towers with coins— 2ps are the best



And finally.....

Why not take part in a family quiz this weekend?.....

1. Which superhero has an assistant called Robin?
2. What does water turn into when it freezes?
3. Which sport involves two small bats, a ball and a table?
4. What country, beginning with the letter R, is the biggest country in the world?
5. How many zeros are there in one hundred thousand?
6. Stockholm is the capital city of which country?
7. Can you unscramble the following word to reveal a number between one and ten: VNSEE
8. What is the definition of a habitat?
9. Which country used picture writing many years ago called hieroglyphics?
10. Who released a song in 2019 called 'Hold Me While You Wait'?
11. How many colours are mentioned in the Rainbow Song?
12. What is half of 66?
13. Which continent does Great Britain belong to?
14. How many points does a snowflake have?
15. What is the name of the largest desert in Asia?

[Answers](#)

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