



Newsletter

19% of Wrexham secondary students reported that they have been cyber bullied in the last few months.

12% of Wrexham secondary students reported that they have sent someone a sexually explicit image of themselves.



SCHOOL
HEALTH
RESEARCH
NETWORK

Lets remind all pupils and parents that the internet and technology can enhance our lives, as long as its used appropriately.....

(SHRN data collection Autumn 2019)



REMINDER: free teaching resources for next year

Don't forget: we've just re-opened orders for the curriculum pack and digital wellbeing module! If you already have them, but you know a colleague who's planning to deliver online safety education next year, why not let them know? The expert-written lesson plans are full of fun activities for pupils and guidance for teachers which break online safety into manageable pieces. Please note: numbers are limited and deliveries may take up to 2 weeks. If ordering to the school address, please make sure someone will be there to pick them up.

[Order free teaching resources](#)

Parent Resources



Be Internet Legends from Google and Parent Zone teaches children to become safer and more confident online by encouraging them to follow a simple code:

[Sharp, Alert, Secure, Kind and Brave.](#)

As parents, you're the experts on your kids – as well as their first and most important teachers. These resources are designed to support what you're doing at home – and help you make the most of tech throughout summer.

[Click here](#)

Online safety and coronavirus

Children and young people's lives have changed dramatically because of the coronavirus. With social distancing measures and most schools closing, children will be spending more time at home and online.



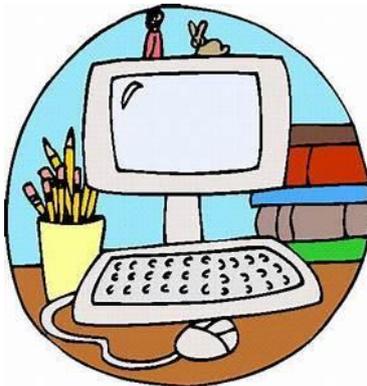
And while the internet is a great way for children and young people to stay in touch with their friends and keep busy during lockdown, it can also bring risks. Now more than ever it's important to talk to your child about staying safe online and about the apps and sites they're using. We've got advice to help.

[Talking to your child about online safety](#)



Welcome to the UK Safer Internet Centre, where you can find online safety tips, advice and resources to help children and young people stay safe online.

saferinternet.org.uk



Online safety

Advice on making sure your teen stays safe online

Access to the internet means that information is just a click away from your teen, either through their mobile phone or laptop. The internet is a great resource for families helping with homework, shopping and staying in touch with friends through social networks

Teenager advice

Teens (14+)

Online safety advice



As your child becomes a teenager, it's likely the internet will be a part of their daily life. They'll adapt quickly to new technology and use it to communicate, socialise and create. Most teenagers have access to the internet using a smartphone or tablet, and use a wide range of social networking sites as a vital part of their relationships with others.

<https://www.internetmatters.org/advice/14plus/>

And finally.....

