



Newsletter

Primary

Sammy the sloth goes back to school...



This book has been especially created by a Gwynedd Council staff member in their adoption service, to help support children who may be anxious about a return to school during the pandemic. This is available bilingually. [Click here](#)

(To help locate the book in Sharepoint, please look for the date of 25 June)



Coming back to school in a bubble

'We're so excited that you're coming back to school! we can't wait to see you!

Things will be a little bit different when you come back, so this book will help you understand what it is going to be like.....

[Click here](#)



NSPCC

At school

School can feel like a scary place whatever age you are. And even more so now during the coronavirus (COVID-19). We've got advice to help.

[Click here](#)

Secondary

YP Toolkit

The logo for Hwb (Digital Learning for Wales) features the letters 'Hwb' in a white, bold, sans-serif font on a red rectangular background.

Digital Learning for Wales

Welcome to the young person's mental health toolkit for 11 to 25-year-olds. Here you will find six playlists to direct you to a wide range of online resources to help you through the lockdown and beyond. In each of the playlists you'll find self-help websites, apps, helplines, and more that are here to support your mental health and well-being.

[Toolkit](#)

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Digital Learning for Wales

'Together we'll keep education safe' playlist. New videos are added regularly

Useful Helplines.....

- Childline: <https://www.childline.org.uk/toolbox/calm-zone/>
- Teen Health: <https://teenshealth.org/en/teens/>
- Beat re: eating disorders: www.b-eat.co.uk - 0845 634 1414 lots of info and support
- Childline – www.childline.org.uk – Telephone: 0800 1111, Textphone: 0800 400 222
- Samaritans - www.samaritans.org.uk
- Mind – www.mind.org.uk
- Papyrus – www.papyrus-uk.org
- HOPELineUK – 0800 068 41 41
- www.getselfhelp.co.uk – lots of ideas and resources on how to cope and deal with different situations
- www.getconnected.org.uk – help for young people

- www.youngminds.org.uk – information on mental health
- www.bullying.co.uk – information about bullying



The INFO shop provides free and confidential information and support for young people aged 11-25

You can still speak to a youth worker/advocate over the phone by contacting one of the following numbers between 12pm-3pm.

Mon - 07585103649

Tue/Thur - 07584440126

Wed - 07585103631

Fri - 0780068882

email infoshop@wrexham.gov.uk

We can also provide support by

Text

email

zoom

Whatsapp



Examples of support include sexual health info/foodbank vouchers/personal support/financial assistance/referrals to other agencies

For further details visit www.youngwrexham.co.uk

Young Wrexham

S.E.N.

NSPCC -Supporting children with special educational needs and disabilities

Advice for parents and carers on supporting SEND children during coronavirus (COVID-19). [Click](#)

Back to school – a guide for teachers

Preparing for an autistic pupil's return to school. [Guide](#)

Council for Disabled Children - [COVID-19 Support and Guidance](#)

Staff/Parent Free E Learning



MindEd is a free educational resource on children and young people's mental health for all adults. This is for you if you volunteer, work or are studying to work with infants, children or teenagers. MindEd has e-learning applicable training across the health, social care, education, criminal justice and community settings. It is aimed at anyone from beginner through to specialist. [Mind Ed](#)
