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| Newsletter |

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| speak#SpeakYourMind#SpeakYourMind and reach out to someone who needs a friend with a positive message, or share with them your own tips for coping to make sure they don't have to face this pandemic alone. Sharing our stories help others see that they're not alone in the challenges they're facing We may have missed Health Awareness week this year but there are lots of resources you can still use, available for free and available in Welsh[Mental Health Awareness week](https://www.mind.org.uk/get-involved/mental-health-awareness-week)  |

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| redcardShow Racism the Red Card is the UK's leading anti-racism educational charity.We provide educational workshops, training sessions, multimedia packages, and a whole host of other resources, all with the purpose of tackling racism in society. Established in January 1996, the organisation utilises the high-profile status of football and football players to publicise its message. Across Britain, Show Racism the Red Card delivers training to more than 50,000 individuals per year. Offering a range of workshops, online training and free class resources - [The Red Card](https://www.theredcard.org/education) |

Council for learning Outside the Classroom Take your teaching beyond the classroom [We’ll help you take your learning beyond the classroom – whether it’s within the school grounds or the home](https://www.lotc.org.uk/membership/)We’re here to support teachers overcome the challenges that they face and take lessons beyond the classroom.[Taking lessons outside? Here’s how to get started](https://www.lotc.org.uk/plan-deliver-lotc/planning-lotc-experiences/) Using different spaces for lessons and activities can help schools welcome more pupils back to school as well as supporting their health, wellbeing and learning as they transition between learning and school. As these activities can be easily replicated at home, it can also help teachers ensure that pupils still learning at home can access high-quality non-screen based learning.Find out how to [get started with planning and delivering lessons outside.](https://www.lotc.org.uk/plan-deliver-lotc/planning-lotc-experiences/)[Activity ideas](https://www.lotc.org.uk/resources/education-resources/)We’ve compiled [free practical activity ideas](https://www.lotc.org.uk/resources/education-resources/) from our LOtC Quality Badge holders and partners. These activities can be undertaken in a range of spaces. [Need help?](https://www.lotc.org.uk/plan-deliver-lotc/who-can-help/)You can find a wealth of information and support on our website. If you would like more guidance or would like to talk to someone about your specific needs there are a [number of organisations](https://www.lotc.org.uk/plan-deliver-lotc/who-can-help/) who are available to help.  [For more information](https://www.lotc.org.uk/?utm_source=MadMimi&utm_medium=email&utm_content=LOtC+Newsletter+Summer+2020&utm_campaign=20200605_m158694722_LOtC+Newsletter+Summer+2020&utm_term=website)onlineOnline Safety  We’d like to update you on some new online safety guidance now available on Hwb and some key changes to the Online safety zone on Hwb. **Stay Safe. Stay Learning. Guidance for keeping safe online** This guidance contains useful tips and links to resources and further support for keeping safe online. There is guidance specific to each audience: * [Primary learners](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Fkey-information%2Fprimary-learners%2F&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874256433&sdata=yXNYPe2ZbxKhhdWqmChdTy2rdbUm2o2Yb1kPLnHtalc%3D&reserved=0)
* [Secondary learners](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Fkey-information%2Fsecondary-learners%2F&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874256433&sdata=Etx809ZNTtqkV9MsKIZsNKx4CHqhZrHl%2F6T%2FdBeLtH4%3D&reserved=0)
* [Parents and carers](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Fkey-information%2Fparents-and-carers%2F&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874266429&sdata=YfLnTzT9R5ENXesRvgfiLCfUUjMrYELDa7TJBVW7Jzw%3D&reserved=0)
* [Education practitioners](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Fkey-information%2Feducation-practitioners%2F&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874266429&sdata=i3ad9um%2FmBstb0My4p4l%2F0yqaYF2OV4%2FtliDXQnNIzQ%3D&reserved=0)
* [Governors](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Fkey-information%2Fgovernors%2F&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874276428&sdata=OmtJLojevamMq%2By6sPgr4o%2Fv7a8h0axjnul%2BqGdxpKI%3D&reserved=0)

 All this guidance is available at - [https://hwb.gov.wales/zones/online-safety/key-information/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Fkey-information%2F&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874276428&sdata=aLF4BRItHUGfrmsfLc5F%2BkrFsuppJbvZ%2ByM%2BoyM4Wlw%3D&reserved=0)**Stay Safe. Stay Learning. Live-streaming lessons** [Live-streaming safeguarding principles and practice for education practitioners](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Flive-streaming-safeguarding-principles-and-practice-for-education-practitioners%2F&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874286421&sdata=93Usv6vNyocuQZacww6otGzj75%2Fe8L04ITM3CaTHPYo%3D&reserved=0) guidance has been published as part of the ‘Stay Safe. Stay learning’ programme to support schools who wish to live-stream lessons with their learners. **New online safety resources to support home learning**Now available!* A series of informative posters for parents and carers on:

o   [Facebook](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Frepository%2Fresource%2F28837382-cdcf-4213-82a1-beef4ebe6038%2Fen&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874286421&sdata=4S%2BvqXMaQLkEIixUtMm7uNMomFJJLvibne%2BdzD2ESBY%3D&reserved=0)o   [Instagram](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Frepository%2Fresource%2Fe972553c-40dd-491a-909a-4ed60bac9676%2Fen&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874296410&sdata=zBxVDhRyAgkZFyldY4JZFPyROI3zewWQgQClcMkKZS4%3D&reserved=0)o   [Roblox](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Frepository%2Fresource%2Fe92f5313-2896-43d1-9ce0-e03ed411d08f%2Fen&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874296410&sdata=jOTHj9SEcW4I%2BL5B49G8WXrFhATOs2ryVSkzicV8gQo%3D&reserved=0)o   [Snapchat](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Frepository%2Fresource%2F6fdac569-7a15-4292-a512-6f9215fa3c7a%2Fen&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874306414&sdata=qr6EEloM3xLBUxvC2pATlnRMQs8osSLM7%2BxKyPBsZgU%3D&reserved=0)o   [Twitter](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Frepository%2Fresource%2Fc0598f41-a5be-408a-9701-b0b96fe2ec65%2Fen&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874306414&sdata=n9208Joh3LmuuBFGU59VqD0NMN5xBveDorLCCaCeea4%3D&reserved=0)o   [Misinformation](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Frepository%2Fresource%2F37fcd090-3f30-4f0e-90e0-06f856a5d63e%2Fen&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874316401&sdata=Ahj5rlVuQLV1UmpfhtIXnU0xeyYGVIKqgWAy%2BZJTtLk%3D&reserved=0)  **New branding** From next week, the Online safety zone will be renamed **Keeping safe online**, which will now include cyber security news and resources, as well as online safety. This change won’t affect the URL at this point – [https://hwb.gov.wales/onlinesafety](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fonlinesafety&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874316401&sdata=s0XmfCA9gyudY0j6YxomVzeDjG0h7au6IA2JaCaZ9oQ%3D&reserved=0) **Keeping safe online** will continue to evolve over the coming months and we look forward to involving you in this as it progresses. **Keeping Kids Safe Online Webinar** The NSPCC and O2 are working in partnership to offer free sessions on keeping your family safe online. The 30min webinar will provide parents and carers with information on:* Appeals and risks of the internet for children
* How to keep kids’ safe online
* Resources and support available for parents

 Find out more and register on Hwb – [https://hwb.gov.wales/zones/online-safety/events/view/bb51099e-c879-4739-9913-f2a1c36b0dac](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhwb.gov.wales%2Fzones%2Fonline-safety%2Fevents%2Fview%2Fbb51099e-c879-4739-9913-f2a1c36b0dac&data=02%7C01%7CLaura.Cook%40gov.wales%7C1e5dc71df926435723f208d80930e41f%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637269452874326395&sdata=WtG4L7wIJh%2FxXeuH9z8I3GAU4pW1MG2DhogYpZH%2FaSA%3D&reserved=0)  If you have any queries about any of the above updates, please don’t hesitate to contact us. Cofion cynnes / Kind regards  Jacqs RosserRheolwr Cadernid Digidol mewn Addysg / Digital Resilience in Education ManagerLlywodraeth Cymru / Welsh Government Ffon / Phone: 0300 025 4802E-bost / E-mail: Jacqs.Rosser@llyw.cymru / Jacqs.Rosser@gov.wales And finally.................. |

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| say [Read more about the 'Stroop' effect](https://www.psytoolkit.org/lessons/stroop.html)  |

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