



# Newsletter



**I Blant  
For Kids**

## Cymraeg I Blant Wreccsam

A team of Cymraeg for Kids field officers provide specialist advice, information and support to prospective and new parents on the advantages of early bilingualism by draw attention to the following:

- Most children across the world speak two languages and therefore the sooner the child hears Welsh the better
- Every child in Wales has the right to speak Welsh and to be able to take advantage of the benefits of being bilingual through Welsh medium education
- The Welsh language is less likely to be transmitted to children where only one parent speaks Welsh. Only 45% in this group will transmit the language to their children.
- The transmission of Welsh from parent to child is fundamental to the longevity of the Welsh language.
- A range of free resources and story time videos are also available: [Follow them on Facebook here](#)



## Tric a Chlic

Tric a Chlic is one of the most popular resources that Canolfan Peniarth has published. The Tric a Chlic resource is a progressive and systematic synthetic phonic reading scheme for the Foundation Phase, which incorporates three steps. Following the success of the scheme within primary schools across Wales, Canolfan Peniarth has now developed an iOS app to go with Tric a Chlic - [Click here](#)



## Eisteddfod yr Urdd

You still have time to enter this years competitions!

[Click here](#)



## Un Cam ar y Tro

Lots of activity and ideas to do with children to help deal with anxiety  
Follow on Facebook



## Llifo'n Llawen

Short relaxing yoga sessions through the medium of Welsh

[Click here to access through facebook](#)

Llifo'n Llawen can also be found on you tube



## Welsh Second Language

BBC Bitesize has a range of sessions on Welsh language skills, that include speaking, listening, reading and writing, from Foundation Phase up to GCSE level....[Welsh Language](#)



Looking for some interactive KS1 and KS2 Welsh worksheets?.....

[Click here](#)

## Welsh@Home

Looking to bring more Welsh into your home? Then look no further....

# Welsh Entertainment for children



#Welsh@home

## Cyw on S4C

- see the timetable on the Cyw website: <https://cyw.cymru/>  
6am - 12pm Monday to Friday  
6am - 8am Saturday  
6am - 9am Sunday

### Examples of Cyw shows:



#### Singing and Dancing:

- Do Re Mi Dona
- Dathlu 'da Dona
- Jambori

#### Physical activity:

- Heini



#### Educational:

- a b c
- Abadas
- Antur Natur Cyw
- Blociau Rhif
- Dwyllo'r Enfys
- Dysgu gyda Cyw
- Jen a Jim
- Jen a Jim a'r Cywiadur
- Sbarc



## Awr Fawr on S4C

4pm - 5pm Monday to Friday

## Stwnsh on S4C

5pm - 6pm Monday to Friday

## Stwnsh Sadwrn on S4C

8am - 10am Saturday



## SINGING, DANCING AND STORY SESSIONS

### Dawnsio gyda Cyw

Dancing sessions available on all of Cyw's social pages (6am Monday to Friday)

### Stori with Cyw

Bedtime story every evening with Elin and Huw on all of Cyw's social pages (6pm Monday to Friday)

### Cymraeg i Blant

A variety of activities; see your local 'Cymraeg i Blant' pages for details.

### BOCSWN

Ukulele lessons, see the 'Bocsw'n' Facebook pages for details: <https://www.facebook.com/bocswn/>



## PHYSICAL ACTIVITY

### Actif-i-ti - keep fit sessions. See the 'Actif-i-ti'

Facebook page for details: <https://www.facebook.com/chwaraeonactifiti/>

### Menter Gorllewin Sir Gâr - variety of activities.

See the Menter's Facebook page for details: <https://www.facebook.com/mentergorllewinsirgar/>

### Llifo'n Llawn - Yoga sessions. See the 'Llifo'n

Llawn' Facebook page for details: <https://www.facebook.com/LlifonLlawn/>

## APPS:



- |                  |                 |                     |
|------------------|-----------------|---------------------|
| • Cyw Tiwb       | • Sillafu Iaith | • Aur am Air        |
| • Byd Cyw        | • Gyntaf        | • Cyw a'r Wyddor    |
| • Dewin a Doti   | • Canu Selog    | • Llyfrau Hwyl Magi |
| • Llyfrau Bach   | • Ar y Fferm    | • Ann Set 2         |
| • Magi Ann       | • Betsan a Roco | • Borrowbox         |
| • Cyfri gyda Cyw | • yn y Pentref  |                     |
| • Duolingo       | • Bys a Bawd    |                     |
| • Tric a Chlic   | • Campau Cosmig |                     |

## WEBSITES:

Miri Meithrin: <https://www.facebook.com/groups/mirimeithrin>  
BBC Bitesize: <https://www.bbc.co.uk/bitesize/subjects/zdm3nrd>

Twinkl Cymru: <https://www.twinkl.co.uk/>  
Booktrust: <https://www.booktrust.org.uk/poridrwystori>



# Taflen i rieni

**academi**  
datblygu • hyfforddi • meithrin

**mudiad meithrin**  
arbenigwyr y blynyddoedd cynnar  
Welsh early years specialists

**Ydych chi'n chwilio am bethau i'w wneud yn y cartref gyda'ch plant bach?**  
**Dyma rai awgrymiadau o ble gellir dod o hyd i adnoddau a gweithgareddau hwyliog.**

Are you looking for ideas on activities to do at home with young children?  
Here are some suggestions on where you can find fun ideas and resources.

## Miri Meithrin

Mae Mudiad Meithrin wedi creu grŵp newydd ar Facebook er mwyn i rieni â phlant bach fedru rhannu syniadau ynglŷn â gweithgareddau y gellid eu gwneud yn y cartref gyda'i gilydd.

Mudiad Meithrin has created a new Facebook group so that parents with young children can share ideas of activities that can be done together at home.

Ewch i/go to:  
[www.facebook.com/groups/mirimeithrin](https://www.facebook.com/groups/mirimeithrin)



## Ap Dewin a Doti / Dewin and Doti App



Mae ap Dewin a Doti ar gael AM DDIM o'r App Store neu Googleplay - chwiliwch am 'Dewin a Doti' neu sganwch y côd QR yma. 4 stori lawn gydag animeiddio a darlennydd.

Dewin and Doti App - available FREE from the App Store or Googleplay - search for Dewin a Doti or scan this QR code. 4 full stories with animation and narration.



## Cymraeg i Blant

Mae staff Cymraeg i Blant yn rhannu fideos byw ar eu cyfrifon Facebook er mwyn diddanu plant bach. I ddod o hyd i'r grŵp Facebook yn eich ardal chi, dilynwch y linc isod.

Cymraeg for Kids staff are sharing various videos on their Facebook pages to entertain babies and young children. To find your local Facebook group page, go to [www.meithrin.cymru/cymraeg-i-blant](https://www.meithrin.cymru/cymraeg-i-blant)



## Cyw

Yn ogystal â'r holl rhaglenni plant, mae llwyth o weithgareddau rhad ac am ddim i'w cael ar wefan Cyw - digon i gadw'r plant yn hapus a phrysur am oriau!

Alongside the large catalogue of Welsh-medium children's programmes, the Cyw website has a vast amount of free activities - enough to keep your children entertained for hours!  
[cyw.cymru](https://cyw.cymru)



## Amser Canu / Singing Time

Gallwch ymuno yn y sesiynau canu ar y tudalennau Facebook hyn:

You can join the singing sessions on these Facebook pages:

- Do Re Mi: [www.facebook.com/DoReMiCardiff](https://www.facebook.com/DoReMiCardiff)
- Ffa La La: [www.facebook.com/ffalala](https://www.facebook.com/ffalala)
- Siani Sionc: [www.facebook.com/Sianisionc](https://www.facebook.com/Sianisionc)
- Caru Music: [www.carumusic.com](https://www.carumusic.com)



## Casgliad o adnoddau hwyliog ac addysgol i blant meithrin (a phlant hŷn)

Play and Educational Resources for pre-school (and older children)

- BBC Bitesize (Cymraeg): [www.bbc.co.uk/bitesize/subjects/zdm3nrd](https://www.bbc.co.uk/bitesize/subjects/zdm3nrd)
- BBC Bitesize (Welsh for learners): [www.bbc.co.uk/bitesize/subjects/zqsv7p3](https://www.bbc.co.uk/bitesize/subjects/zqsv7p3)
- Twinkl Cymru: [www.twinkl.co.uk/resources/adnoddau-cymraeg-welsh-resources](https://www.twinkl.co.uk/resources/adnoddau-cymraeg-welsh-resources)
- Playful Childhoods: [www.playfulchildhoods.wales/'dhhoods.wales](https://www.playfulchildhoods.wales/'dhhoods.wales)
- Wenfro: [www.wenfro.cymru](https://www.wenfro.cymru)
- Cymorth i addysgu yn y cartref (Ideas on Welsh activities at home): [www.facebook.com/Cymraeg-Cymorth-i-Addysgu-yn-y-Cartref-Home-educating-Ideas-and-Support-107654340867354/](https://www.facebook.com/Cymraeg-Cymorth-i-Addysgu-yn-y-Cartref-Home-educating-Ideas-and-Support-107654340867354/)

**Bitesize**



## Amser Stori / Story Time



Ymlaciwch gyda'ch plant yn trwy fwynhau gwrando ar rai o'r 'llyfrau llafar' sydd ar gael ar y safleoedd isod:

Relax with your child by enjoying some of the 'audio story-books' available from the links below:

- Amser Stori Atebol: [www.amam.cymru/amser-stori-atebol](https://www.amam.cymru/amser-stori-atebol)
- Pori Drwy Stori: [www.booktrust.org.uk/poridrwystori](https://www.booktrust.org.uk/poridrwystori)
- Cyhoeddiadau Rily: [www.rily.co.uk/index.php?mod=storycorner](https://www.rily.co.uk/index.php?mod=storycorner)

#AcademiAdref

And finally....

How do you approach an angry Welsh cheese?



Caerphilly

A Russian spy was dropped by parachute in the Welsh hills with instructions to contact a Mr Jones in the small village of Llanfair and give him the coded message: "The tulips are blooming well today." Arriving at the village he asked a small boy where Mr Jones lived and was directed to a small cottage. He knocked on the door and the owner emerged: "Are you Mr Jones?" "I am." "The tulips are blooming well today." Mr Jones stared at him in amazement then smiled: "Ah, you must have the wrong house. "It's Jones the Spy you want."

My wife asked me if I was having an affair with a woman from Llanfairpwllgwyngyllgogerychwyrndrobwyllyllantysiliogogoch. I said: "How can you say such a thing?"

Young Dylan comes home from school and tells his mother he's been given a part in the school play. "Wonderful," says his mam. "What part is it?" The boy says: "I play the part of the Welsh husband." The mother scowls and says: "Go back and tell them you want a speaking part."

WELSH IDIOMS	
Cenedl heb iaith yw cenedl heb galon	A nation without a language is a nation without a heart
Yn cerdded yn ling di long	To dilly dally ("To loiter or walk casually")
Ar y gweill	In progress ("On the (knitting) needles")
Mae hi'n bwrw hen wragedd a ffyn	Its raining cats and dogs ("It's raining old ladies and sticks")
Cyntaf i'r felin caiff falu	First come, first served, the early bird catches the worm ("First to the mill will get to grind")

A ddwg ŵy a ddwy fwy	A leopard never changes his spots ("He who steals an egg will steal more")
Angel pen ffordd, diawl pen tân	Charming to outsiders, a devil in the home, two-faced ("An angel on the road, a devil at the fireplace")
Cannwyll fy llygad oedd fy mab	My son is the apple of my eye ("My son is the candle of my eye")
Nid aur yw popeth melyn	All that glitters is not gold ("Everything yellow isn't gold")
Unwaith yn y pedwar amser	Once in a blue moon ("Once in the four seasons")
Mae'n draed moch arna fi	I've made a complete mess of something ("There is pigs feet on me")
Ei wynt yn ei ddwrn	He/She's in a great hurry ("with his breath in his fist")
Siarad fel melin bupur	Talks no-stop ("Talks like a pepper mill")
Llygad ei lle	Absolutely correct ("eye of his/her place")
Rhoi'r ffidil yn y tô	To throw in the towel ("Put the fiddle in the roof")
Dyfal donc a dyr y garreg	Perseverance is the key to success ("Tapping consistently will break the stone")